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Use of hot water treatment to control codling moths in harvested California ‘Bing’ sweet cherries

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Abstract

Preharvest gibberellic acid-treated California ‘Bing’ sweet cherries (*Prunus avium* L.) were treated with hot water baths (46–58 °C for 0.25–18 min), followed by hydrocooling. The fruit were then stored to simulate either air shipment or sea shipment to overseas markets, both followed by 15 h of shelf life at 20 °C. In separate experiments, cherries were also infested with codling moth larvae and subjected to similar hot water bath heating. The quality attributes showed different sensitivity to the combinations of temperature and time used for hot water bath treatment. Pitting was more common in fruit treated at lower temperatures for longer times, while stem browning was more common in fruit treated at high temperatures. Berry browning, stem color, and pitting were the quality attributes most affected by heat treatment. Browning of cherry stem color was a crucial factor in determining whether a combination of temperature and time for hot water bath treatment was successful. All cherries stored at 0 °C for 14 days to simulate sea shipment were of unacceptable quality after shelf life. Hot water bath treatments that provided 100% codling moth mortality and maintained overall acceptable fruit quality were very limited and included treatments at 50 °C for 10 min and at 54 °C for 6 min. Delaying the hot water bath treatment after fruit harvest, even if the cherries were kept at 0 °C, resulted in a greater loss in fruit quality compared with those treated on the harvest day. Using hot water baths as a quarantine treatment for codling moths (*Cydia pomonella*) on sweet cherries may be feasible if fruit are air shipped at 5 °C for 2 days, but not suitable if fruit are sea shipped at 0 °C for 14 days.

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Keywords: Heat; Quality; Quarantine; Disinfestation

1. Introduction

Due to the possibility of codling moth infestation, methyl bromide fumigation is required for California cherry fruit that are exported to Japan (Looney et al., 1996). However, methyl bromide was listed as an ozone-depleting substance in 1992 at the Fourth

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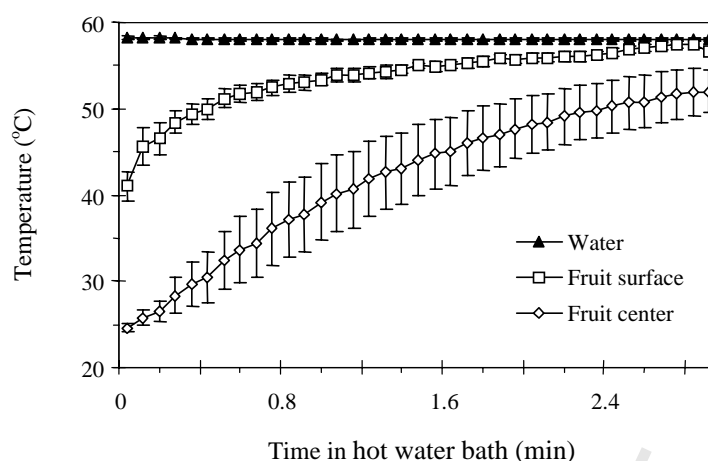


Fig. 1. Temperature profile of water, fruit surface and fruit center during heating of 'Bing' cherries with 58°C hot water for 3 min.

34 Meeting of the Parties to the Montreal Protocol on
 35 Substances that Deplete the Ozone Layer, with an estimated
 36 ozone-depleting potential (ODP) of 0.4 (UNEP,
 37 2000). Under the Montreal Protocol of the United
 38 Nations, methyl bromide will be phased out for soil
 39 and structural fumigation in 2005 (USEPA, 2001). Al-
 40 though an exemption exists for quarantine treatments,
 41 there are concerns about the possibility of further regu-
 42 latory actions, and availability and cost of methyl
 43 bromide in the future (Mitcham et al., 2001). In fact,
 44 the cost of methyl bromide has greatly increased in
 45 the past few years (USDA ARS, 2002). Therefore, it
 46 is important to develop additional treatment options
 47 for quarantine security of California cherries shipped
 48 to Japan.

49 Methyl bromide fumigation has been used as an
 50 effective quarantine treatment in cherries for many
 51 years. Efficacious doses are reported between 32
 52 and 80 g m⁻³, dependent upon the variety and treat-
 53 ment condition (Anthon et al., 1975; Lay-Yee, 1989;
 54 Hansen et al., 2000a). After fumigation and ventila-
 55 tion, residues of methyl bromide in sweet cherries
 56 decreased quickly to under the detection level (Jessup
 57 et al., 1994; Hansen et al., 2000b). Methyl bromide
 58 fumigation usually causes no deleterious effects on
 59 the eating quality of cherry fruit (Anthon et al., 1975),
 60 but significant quality loss was reported in some
 61 cases (Lay-Yee, 1989). High temperature controlled
 62 atmosphere (Neven and Drake, 2000; Shellie et al.,
 63 2001), irradiation (Drake and Neven, 1997; Neven and

64 Drake, 2000), and 915 MHz microwaves (Ikediaka
 65 et al., 1999) have been explored in an attempt to find
 66 effective alternatives to methyl bromide for sweet
 67 cherry quarantine treatment. However, there is still no
 68 completely satisfactory alternative available that can
 69 readily substitute for methyl bromide in efficacy, low
 70 cost and ease of use.

71 Postharvest heat treatments are being used for disin-
 72 festation and disinfection of some fruits and vegetables
 73 (Smith et al., 1972; Fallik et al., 1993; Lurie, 1998).
 74 There is a growing demand to decrease the postharvest
 75 use of chemicals to control pathogens and insects. Heat
 76 treatments could substitute a non-damaging physical
 77 treatment for chemical prevention if a combination of
 78 time and temperature could be found to provide the
 79 desired control without significant quality loss in the
 80 commodity (Lurie, 1998).

81 We investigated the potential of hot water bath heat-
 82 ing for quarantine control of codling moths in Califor-
 83 nia 'Bing' sweet cherries by exploring efficacy against
 84 the target pest and effect on fruit quality (Fig. 1).

2. Materials and methods 85

2.1. Fruit materials 86

87 'Bing' sweet cherries (*Prunus avium* L.) were ob-
 88 tained from harvested field bins in orchards in the
 89 San Joaquin Valley of California during the commer-

90 cial harvest season. All fruit used for the experiments
 91 were treated with gibberellic acid by the commercial
 92 grower cooperators (gibberellic acid applied once at
 93 straw color using 9.9 mg active ingredient per 1 m²
 94 before harvest). Fruit were immediately transported to
 95 the Postharvest Laboratory at The University of Cali-
 96 fornia in Davis, CA, and sorted for major defects such
 97 as decay or cracking. After sorting, fruit were ran-
 98 domly divided into treatment units. Most of the fruit
 99 were directly used for experiments; however, some
 100 fruit were placed at 0 °C overnight before being used
 101 to investigate the effect of delayed hot water bath treat-
 102 ment.

103 2.2. Heating equipment and temperature 104 calibration

105 Hot water bath treatment was conducted in a
 106 computer-controlled laboratory scale hot water fruit
 107 heating system (model HWH-2; Gaffney Engineering,
 108 Gainesville, FL). The heating system is operated and
 109 controlled by a microcomputer using a specially de-
 110 veloped software package that controls the operation
 111 of the system, including reading and logging of fruit
 112 and water temperatures, and controlling a stepper
 113 motor-driven flow control valve which regulates rates
 114 of heat input from hot water heaters to the water tank
 115 containing the fruit during heating. The incoming
 116 hot water is mixed uniformly with the water in the
 117 fruit treatment tanks to maintain uniform water tem-
 118 perature. The system measures, displays and records
 119 temperatures to a resolution of 0.01 °C and provides
 120 an accuracy of 0.1 °C during operation. Temperature
 121 calibration of the heating system is carried out at two
 122 points of temperature against a precision thermometer
 123 according to the software calibration procedures.

124 2.3. Hot water bath treatments

125 Treatment temperatures were determined by the wa-
 126 ter temperature, not the fruit temperature. Treatment
 127 time was counted as the time the fruit was in the hot
 128 water.

129 On the same day of harvest, fruit were subjected
 130 to different time and temperature combinations from
 131 46 to 58 °C for 0.25–18 min (Table 1). Chlorine
 132 (50 mg l⁻¹ sodium hypochlorite) was added to the hot
 133 water for disinfection during treatment. The level of

Table 1
Hot water bath treatments

Temperature (°C)	Time (min)
46	8, 10, 12, 14, 16
48	6, 8, 9, 10, 12, 14, 16, 18
50	3, 4, 5, 6, 7, 8, 10, 12
52	1, 2, 3, 4, 5, 7, 8, 9
53	0.5, 1, 2, 3, 4
54	1, 2, 3, 4, 6, 8
56	0.5, 1, 2, 4, 6
58	0.25, 0.5, 0.75, 1, 2, 3

134 chlorine was checked before each treatment and ad-
 135 justed if necessary. To investigate the effect of delayed
 136 hot water bath treatment, a subsample of cherries were
 137 held at 0 °C overnight after harvest, then were treated
 138 at 52 °C for 5 or 9 min for direct comparison to cher-
 139 ries treated at the same temperature and time on the
 140 day of harvest. In an additional experiment, cherries
 141 were subjected to three pretreatments, i.e. 40 °C wa-
 142 ter for 6 min, hydrocooling at 0 °C for 15 min, or no
 143 pretreatment, immediately before they were subjected
 144 to treatment at 52 °C for 6 min in the hot water bath,
 145 to determine if these pretreatments had any influence
 146 on fruit response to the hot water bath treatment.

147 Each treatment had three replicates with 30 cher-
 148 ries each. After treatment, cherries were immediately
 149 hydrocooled by immersion in water at 2–3 °C with
 150 50 mg l⁻¹ chlorine for 8 min. The 30 cherries of
 151 each replicate were then randomly divided into two
 152 sub-groups of 15 cherries, gently blotted with cheese-
 153 cloth, and packaged in two vented plastic bags. One
 154 bag was stored at 5 °C for 2 days to simulate air ship-
 155 ment to overseas markets. The other was stored at
 156 0 °C for 14 days to simulate sea shipment to overseas
 157 markets to Japan. After storage, fruit were trans-
 158 ferred into open mesh baskets at 20 °C with ≥95%
 159 relative humidity (RH) for a 15 h simulation of shelf
 160 life. Following the shelf life period, fruit quality was
 161 evaluated.

162 There were three controls in the experiments.
 163 Thirty untreated cherries were used as untreated con-
 164 trol. Thirty cherries immersed in 20 °C water for 12
 165 or 16 min were used as control fruit. And 30 methyl
 166 bromide fumigated cherries were used as a fumi-
 167 gated control. For the fumigated control, fruit from
 168 the same harvested bins were field sorted and placed
 169 in a corrugated box inside a commercial fumigation

170 chamber. Fruit were transported to Davis the follow-
171 ing morning after fumigation with 48 g m^{-3} of methyl
172 bromide for 2 h plus 4 h of venting at $12\text{--}17.5^\circ\text{C}$.

173 2.4. Temperature monitoring during hot 174 water bath treatment

175 Eight additional fruit were included with each treat-
176 ment and eight thermocouple channels were used for
177 temperature monitoring. Four thermocouples mea-
178 sured fruit center temperature and four measured fruit
179 surface temperature. Thermocouples inserted into the
180 center of or placed on the surface of the cherries were
181 secured with narrow strips (3–4 mm wide) of electri-
182 cal tape distant from the location where temperature
183 was being measured. Temperatures were measured
184 and recorded continuously during treatment.

185 2.5. Treatment of insect-infested cherries

186 ‘Bing’ cherry fruit obtained from California and
187 from Washington were artificially infested with third
188 instar codling moth (*Cydia pomonella*) larvae at the

189 USDA ARS in Wapato, Washington. Codling moth
190 larvae were obtained from a colony maintained on a
191 soy-wheat germ-starch artificial diet at 27°C , 40–58%
192 RH, with a 16:8 h light:dark photoperiod (Toba and
193 Howell, 1991). There were 50 infested cherries per
194 treatment replicate, with one larva placed near the stem
195 end of each fruit. The fruit were held at room temper-
196 ature (25°C) overnight to allow the larvae to penetrate
197 the fruit. To simulate commercial operations, the fruit
198 were transferred to 4°C before hot water treatment. In
199 preparation for treatment, the cherries were placed in a
200 fiberglass mesh bag (made of standard window screen)
201 and the opening sealed with medium-sized paperclips
202 so as to prevent the larvae escaping during hot water
203 bath treatments. Hot water bath treatments were con-
204 ducted in the same way as for the fruit quality tests at
205 UC Davis. After hydrocooling, the treated fruit were
206 returned to a 25°C holding room overnight. Codling
207 moth mortality was evaluated the day after treatment
208 according to a previously described method (Hansen
209 et al., 2000a). Moribund larvae were placed on im-
210 mature organic apples and inspected periodically until
211 they died or pupated.

Table 2
Standards for subjective quality evaluation of cherries

Quality attribute	Score	Description
Berry browning	0	No browning, full red color
	1	Slight browning, affecting less than 0.5 cm^2 surface area, acceptable quality
	2	Severe browning, affecting greater than 0.5 cm^2 surface area, unacceptable
Stem color	0	Green, fresh appearance, less than 30% brown
	1	Substantially green with 30–50% brown
	2	Substantially brown with less than 50% green
Surface pitting	0	None or less than 0.3 cm^2 pitting
	1	Pitting affecting $0.3\text{--}0.5 \text{ cm}^2$
	2	Pitting affecting greater than 0.5 cm^2
Surface cracking	0	None or insignificant cracking
	1	Cracking less than 0.5 cm long
	2	Cracking greater than 0.5 cm long
Surface shrivel	0	None or less than 0.3 cm^2
	1	Shrivel affecting $0.3\text{--}1 \text{ cm}^2$ surface area
	2	Shrivel affecting greater than 1 cm^2 surface area
Berry decay	0	None
	1	Slight or just beginning, acceptable
	2	Easily visible, unacceptable
Overall acceptability	0	Good commercial quality
	1	Some damage, but still commercially salable
	2	Not commercially salable

212 2.6. Quality evaluation

213 All berries in the quality experiments were sub-
 214 jected to a series of quality evaluations after storage
 215 and shelf life. The 15 berries in each replicate were
 216 first evaluated non-destructively for firmness, external
 217 color, berry browning, stem color, pitting, cracking,
 218 shrivel, decay and overall acceptability. The details
 219 for the criteria used in scoring the subjective quality
 220 factors are shown in Table 2. Fruit were then juiced
 221 to analyze soluble solids content (SSC) and titratable
 222 acidity (TA).

223 Firmness was measured on each fruit with a
 224 FirmTech2 firmness tester (Bioworks Inc.). Color on
 225 the two opposite sides of each berry was measured
 226 objectively using a colorimeter (Minolta CR300).
 227 Three replicates of juice for each treatment were pre-
 228 pared from all 15 berries of each replicate and used
 229 for SSC and TA. Juice (4 g) was titrated with 0.1N
 230 NaCl solution using an automatic TitraLab TIM850
 231 titrator (Radiometer Analytical, Villeurbanne Cedex,
 232 France) for determination of TA. SSC was measured
 233 using a refractometer (American Optical Corporation,
 234 Buffalo, NY).

235 For the subjective quality factors (berry browning,
 236 stem color, pitting, cracking, shrivel, decay and over-
 237 all acceptability), an index was used to express a sin-
 238 gle quality grade for each quality attribute for each
 239 replicate using the following formula:

$$\text{Index} = \frac{(\text{number of cherries given score } 2 \times 1.0) + (\text{number of cherries given score } 1 \times 0.5)}{\text{total number of cherries evaluated}}$$

241 The average index of three replicates was used to indi-
 242 cate the grade for each quality attribute for that treat-
 243 ment. When the average index for a treatment was
 244 greater than 0.2, the fruit was considered commercially
 245 unacceptable for that quality attribute.

246 3. Result and discussion

247 3.1. Cherry quality attributes after various
248 hot water bath treatments

249 Quality attributes of California ‘Bing’ cherries were
 250 influenced by the combinations of temperature and
 251 time used in the hot water bath treatments. The quality

Table 3

Maximum time (min) at various temperatures of hot water bath treatment that resulted in acceptable quality ratings for berry browning, stem color, pitting and overall acceptability after simulated air shipment

Treatment temperature (°C)	Berry browning	Stem color	Pitting	Overall acceptability
46	>16	>16	12	>16
48	>14	>14	9	>12
50	12	7	6	10
52	>9	7	4	7
53	>4	2	>4	>4
54	>6	2	2	4
56	>6	1	2	1
58	>3	>0.25	2	0.75

Cherries were treated on the day of harvest, hydrocooled, packed in vented plastic bags and stored at 5 °C for 2 days for simulation of air shipment to overseas markets followed by 15 h of shelf life at 20 °C. The quality attribute was considered as unacceptable when the average index from three replicates for that attribute was greater than 0.2.

252 factors that were most influenced by hot water treat-
 253 ment included berry browning, stem color, pitting and
 254 overall acceptability. Other quality attributes, such as
 255 cracking, shrivel, decay, firmness, external color, SSC
 256 and TA, were not as sensitive to the experimental range
 257 of temperature and time combinations. In fact, berry
 258 decay was not found in any samples during the ex-
 259 periments. No differences ($P = 0.05$) were found in
 260 berry firmness, external color, SSC or TA among all
 261 the treatments for both air and sea shipment simula-
 262 tions (data not shown). These results indicate that the
 263 hot water bath treatments used in our studies did not
 264 exert any negative effect on fruit firmness, color, SSC
 265 and TA.

266 For simulated air shipment, the longest times at
 267 each temperature that did not result in an unaccept-
 268 able rating for a given quality attribute are shown in
 269 Table 3. As treatment temperature increased, the time
 270 tolerated decreased. In the case of 46 °C, the time was
 271 as long as 16 min, but for 58 °C, it was as short as
 272 0.75 min. Different quality attributes showed different
 273 sensitivity to the hot water bath treatments. Pitting
 274 was more common in fruit treated at lower temper-
 275 atures for longer times, while stem browning was
 276 more common in fruit treated at high temperatures.
 277 Stem color was the most sensitive of all the quality
 278 attributes evaluated. Following simulated air ship-
 279 ment, treatment times that resulted in unacceptable

stem quality were much shorter at most temperatures than those that caused unacceptable berry browning, pitting or overall acceptability. Fruit treated at 58 °C had unacceptable stem color after less than 0.5 min of treatment, while pitting and berry browning were acceptable following 2 and more than 3 min of treatment at the same temperature, respectively (Table 3).

The overall acceptability of cherries after hot water bath treatment was determined by considering all the quality attributes evaluated. Browning of the stem was a crucial factor in determining whether or not a combination of temperature and time for hot water bath treatment was successful. In fact, the main reason for the failure of most hot water bath treatments was because of serious stem browning. However, if berry quality was excellent, cherries with considerable stem browning, but some part still green, were rated as acceptable.

All cherries stored at 0 °C for 14 days to simulate sea shipment followed by a 15 h shelf life period, were commercially unacceptable when all quality factors were considered (overall acceptability), regardless of the hot water treatment applied. The main reason for the unacceptable rating was the presence of very serious stem browning.

The maximum time at each temperature tolerated by 'Bing' sweet cherries subjected to simulated air shipment following hot water treatment is shown in Fig. 2. Exceeding the treatment time limits for the treatment temperatures would result in the treated cherries becoming unacceptable after simulated air shipment. Using the regression equation developed from these data, the predicted tolerance for various treatment temper-

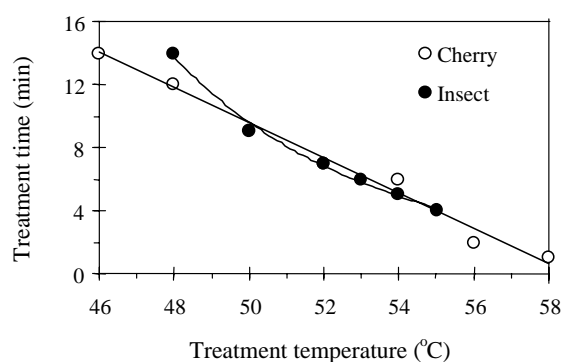


Fig. 2. Maximum exposure time tolerated at each temperature by 'Bing' cherry fruit without unacceptable damage following simulated air shipment ($R^2 = 0.986$) and thermal death time (TDT) curve for 100% mortality of fifth instar codling moth larvae ($R^2 = 0.991$).

atures agrees fairly well with the experimental data (Table 4).

In our experiments, fruit were placed in open mesh containers during the shelf life period, providing no protection from water loss. Water loss is one of the most critical factors affecting the fresh appearance of both the fruit and stems. Water loss results in rapid desiccation of cherry stems, one of the reasons for serious stem browning. Stems dry out and darken if the humidity is too low (Looney et al., 1996). Sharkey and Pegg (1984) reported that storage at 90–95% RH greatly improved the shelf life and quality of 'Lambert' cherries. Mitchell et al. (1975) reported that preharvest antitranspirant spray on cherries reduced water loss and decreased stem browning. Therefore, if fruit had remained in vented plastic consumer bags

Table 4

Experimental and predicted maximum time in hot water at each temperature that resulted in acceptable cherry quality following simulated air shipment and in 100% codling moth mortality

Temperature (°C)	Time for cherry tolerance		Time for codling moth mortality	
	Experimental	Predicted	Experimental	Predicted
50	12	9.6	9	10.0
52	7	7.4	7	7.1
53	>4 ^a	6.3	6	6.0
54	6	5.1	5	5.1

^a For 53 °C, treatment time longer than 4 min was not tested. Predicted time for cherry tolerance to heat treatment and for 100% codling moth mortality were calculated from the equations of treatment time (y) and treatment temperature (x) regression analysis shown in Fig. 2 (for cherry: $y = -1.118x + 65.509$; for codling moth: $y = 7E + 15x^{-8.7382}$), respectively.

329 that alleviate water loss by maintaining high humidity
330 around the fruit during the shelf life period, there may
331 have been less stem browning.

332 3.2. Heat transfer during hot water bath treatment

333 Cherry fruit were treated with hot water, by immers-
334 ing in water at the target temperature for the desig-
335 nated treatment time. The fruit skin and stems quickly
336 heated to the target temperature, but the center of the
337 fruit heated much more slowly, particularly when it
338 approached the temperature of the water (Fig. 1). For
339 these reasons, the skin and the stem received a more
340 severe heat treatment than the flesh. After a 3 min treat-
341 ment at 58 °C, temperatures in the hot water bath, on
342 the fruit surface and at the fruit center were 58.1 °C,
343 56.6 °C and 52.0 °C, respectively (Fig. 1). The aver-
344 age heating rate for the center cherry tissue during hot
345 water bath treatment was 9.1 °C/min. However, the
346 heating rate of the cherry surface and the center flesh
347 tissue was not stable during the 3 min heating period.
348 The heating rate decreased from the first to the sec-
349 ond to the third minute of heating, especially for the
350 fruit surface. Because of these differences in the heat-
351 ing rates during the hot water bath treatment, the dif-
352 ferences between the final temperatures of the water,
353 fruit surface and fruit center after 3 min of treatment
354 were relatively large (Fig. 1).

355 Because of the high surface to volume ratio in the
356 cherry stem, it is reasonable to assume that cherry
357 stems absorbed much more heat than other parts of the
358 fruit, although stem temperatures were not measured
359 in our experiments. Stem color was the most sensitive
360 of all the quality attributes evaluated and browning of
361 the stem was a crucial factor in determining whether
362 a hot water bath treatment was successful.

363 Stem browning is also a concern during sweet
364 cherry storage (Desai and Salunkhe, 1995). The ap-
365 proximate time limit for successful handling of fresh
366 sweet cherries from harvest to market is about 14 days,
367 if transit temperatures do not exceed 2 °C. However,
368 the use of sealed polyethylene liners in containers can
369 extend the cold-storage period at –1 to –0.5 °C by an
370 additional week (Hardenburg et al., 1986). Our results
371 for fruit firmness, external color, SSC and TA after
372 simulated sea shipment to Japan at 0 °C for 14 days
373 did not show any significant differences ($P = 0.05$)
374 between treated, untreated and fumigated fruit. If the

problem of stem browning can be resolved, hot water
bath treatment could be used as a quarantine treatment
for cherries shipped by sea to Japan.

333 3.3. Insect mortality and cherry quality 378

379 A thermal death time (TDT) curve was inferred
380 from the minimum treatment time at each temperature
381 that resulted in complete mortality (Fig. 2). Because
382 in some cases the shortest time resulting in 100% mor-
383 tality was the shortest time used in the experiments
384 for that temperature, a shorter time may also be ef-
385 fective. The predicted values of the time and tempera-
386 ture combinations that should result in 100% codling
387 moth mortality from the regression curve in Fig. 2
388 were close to the experimental values (Table 4). By
389 comparing the combinations of time and temperature
390 that resulted in 100% insect mortality with those that
391 were tolerated by the fruit (Fig. 2), combinations that
392 have the potential to be used as a quarantine treatment
393 were identified. Only combinations of time and tem-
394 perature that fall between the insect mortality curve
395 and the fruit tolerance line have this potential. These
396 acceptable combinations are very limited and include
397 50 °C for 10 min, 52 °C for 7 min and 54 °C for 5 min.
398 Furthermore, because quarantine security for exports
399 to Japan is at the Probit-9 level, the severity of these
400 treatments would have to be increased in commercial
401 operations. Within the experimental range, tempera-
402 tures lower than 50 °C resulted in less than 100% in-
403 sect mortality and temperatures higher than 54 °C re-
404 sulted in unacceptable fruit quality.

405 Methyl bromide has been used as an efficacious
406 quarantine treatment for cherry fruit fly (*Rhagoletis*
407 *cerasi*) and codling moth (*Cydia pomonella*) in cher-
408 ries (Looney et al., 1996). Early research in the USA
409 (Anthon et al., 1975) indicated that fumigation of fruit
410 with 32 g m⁻³ methyl bromide would completely kill
411 larvae of codling moth. These treatments appeared
412 to cause no deleterious effects on the taste quality
413 of the fruit. However, quality loss in cherries fumi-
414 gated with methyl bromide has been reported. Lay-Yee
415 (1989) compared six sweet cherry cultivars for their
416 response to methyl bromide fumigation intended to de-
417 stroy codling moth at a dose of 64 or 80 g m⁻³ for 2 h at
418 12 °C followed by time and temperature modulations
419 designed to simulate transport to Japan. His results
420 showed that cultivars differed significantly in their tol-

erance to this treatment and methyl bromide fumigation, in all cases, significantly reduced fruit quality. Our results indicate that hot water bath treatment also caused some quality loss in cherries (Table 3), but combinations of time and temperature were available that provided acceptable quality, as evaluated by industry standards (Table 2), when treated fruit were stored at 5 °C for 2 days to simulate air shipment to Japan. The result of hot water bath treatment with codling moth infested cherries proved that although the acceptable range is limited to a small scope (Fig. 2 and Table 4), hot water bath treatment shows potential as an alternative sweet cherry quarantine treatment.

Although many positive responses of commodities to heat treatments have been reported, there is always a danger of both external and internal tissue damage (Mitcham and McDonald, 1992; Lurie, 1998). In our experiment, internal damage was not observed. However, external damage to the stem was observed. Our results are consistent with other reported results. Smith et al. (1972) reported that treatment of sweet cherries with water at 51.7 °C for 2.5 min or at 46 °C for 5 min to decrease decay caused by *Monilinia (Sclerotinia) fructicola* did not cause obvious damage.

3.4. Effect of temperature pretreatments on tolerance of cherries to hot water bath treatment

In commercial operation, cherries may be hydro-cooled during handling after harvest before they are subjected to the hot water bath treatment. In addition, pretreatment with warm temperatures may affect the tolerance of fruit to higher temperature treatments (Lurie, 1998). Also, the exposure to hot water bath treatments might be reduced by preheating fruit in water to 40 °C, a warm but non-damaging temperature, by allowing the fruit to heat to lethal temperatures more quickly. In a separate experiment, the influence of such pretreatments on fruit response to hot water bath treatment was investigated. The results indicated that cherries treated at 52 °C for 6 min after being subjected to cold temperatures (hydrocooling) or warm temperature pretreatment (water bath) did not show significant differences in quality compared with those cherries only treated at 52 °C for 6 min ($P = 0.05$) after either air or sea shipment simulations. However, the effect of such pretreatments on insect mortality requires further investigation.

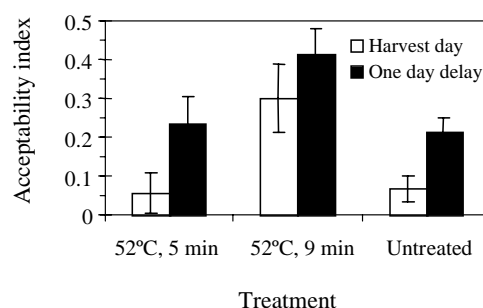


Fig. 3. Overall acceptability of cherries treated on the harvest day or held at 0 °C overnight before treatment. After treatment, cherries were subjected to an air shipment simulation at 5 °C for 2 days followed by a 15 h shelf life at 20 °C before quality evaluation.

3.5. The effect of delayed hot water bath treatment on quality of sweet cherries

Delaying the hot water treatment reduced fruit quality relative to fruit treated on the day of harvest. A one-day delay in applying the hot water bath treatment decreased overall acceptability of cherries after simulated air shipment; however, this decrease in acceptability occurred in both treated and untreated cherries (Fig. 3). Hot water bath treatment should be carried out as soon as possible after cherries are harvested and fruit should be marketed quickly to prevent further deterioration in quality.

4. Conclusions

Berry browning, stem color, and pitting were the cherry quality attributes most affected by heat treatment. Browning of cherry stem color was a crucial factor in determining whether a combination of temperature and time for hot water bath treatment was successful. Hot water bath treatment should be conducted as soon as possible after cherry harvest, as delaying treatment results in an increase in fruit damage.

Using hot water baths as a quarantine treatment to control codling moth in sweet cherries may be feasible if the fruit are air shipped. However, the treatments that provided 100% codling moth mortality and maintained acceptable fruit quality were limited and included treatments at 50 °C for 10 min and at 54 °C for 6 min. Treatments that would provide Probit-9 lev-

495 els of control have not yet been determined. Hot water
496 bath treatment is not suitable for cherries that will be
497 sea-shipped at 0 °C for 14 days.

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