

Contra Costa County 4-H  
*Sapphire and Ruby Star*  
Program Application

The Sapphire and Ruby Star Programs are developed to further leadership skills and to put them into practical use. It will require both individual and team effort to obtain these stars. You can acquire the Sapphire and Ruby Star by:

1. submitting a completed Sapphire and Ruby Star Application at the 1<sup>st</sup> scheduled meeting
2. completing the PDR requirements for the Sapphire or Ruby Star, (refer to page 3 of the Final Report)
3. completing in the five areas of participation described below, and
4. completing the Sapphire and Ruby Star Program Final Report

Areas of Participation Required:

1. Attend ALL pre-determined Sapphire and Ruby Star meetings
2. Work, plan and help organize the County Leadership Retreat (CLR)
3. Complete a Jr./Teen Leader project in the year applying.
4. Make at least two (2) speeches at your 4-H club, 4-H county event(s), 4-H sectional event(s), or 4-H state event(s).

Suggested Topics are, but not limited to:

- Citizenship or Community Pride and Service
- Conservation and Recycling
- Tobacco, Alcohol or Drug Use
- Y.E.S. curriculum (Youth Experience in Science) or S.E.T. (Science, Energy and Technology)
- Animal Health and Safety

Keep a copy of your speeches to attach to the Sapphire and Ruby Star Final Report.

(A 4-H speech contains an introduction (the topic), the body (the informational part of the speech) and the conclusion (briefly summarizes your main points and an appeal for specific action if that is the intent of your speech).)

5. Do **at least two (2)** of the following leadership awareness activities:

- a. Make at least one speech to a group outside of 4-H such as but not limited to school, Rotary, Kiwanis, Lions Club, Board of Supervisors or Chamber of Commerce.
- b. Be a member of the Emerald Star Youth Advisory Committee.
- c. Be a Counselor at Camp.
- d. Become a Y.E.S. (Youth Experiences in Science) Program presenter or attend a S.E.T. event
- e. Be a delegate at one of the following leadership conferences/training that will give you the opportunity to learn other leadership skills:
  - i. Camp Counselor Training, Fall into Fun Conference, CAL Conference, Citizenship Conference, State Leadership Conference, California Focus, or any other similar 4-H leadership conference.
- f. Help with the planning of one of the following county events:
  - i. Achievement Night, Food Fiesta, Presentation Day, Showmanship Clinic, Field Day, or Fashion Revue

6. Participate in the Sapphire and Ruby Star Team’s community service project this year.

I understand in applying for the Sapphire and Ruby Star Program that I need to participate as an individual, a leader, and as a team member.

Name \_\_\_\_\_ Club \_\_\_\_\_ Present Star \_\_\_\_\_

Address \_\_\_\_\_

Telephone \_\_\_\_\_ E-mail \_\_\_\_\_

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Signature of 4-H Member \_\_\_\_\_ Date \_\_\_\_\_

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Signature of Community or Leadership Leader \_\_\_\_\_ Date \_\_\_\_\_

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Signature of Sapphire and Ruby Star Leader-Advisor \_\_\_\_\_ Date \_\_\_\_\_