



**University of California Division of Agriculture and Natural Resources  
4-H Youth Development Program  
New Youth 4-H Member Paper Enrollment Form**

The 4-H Youth Development Program is in every county in California. 4-H is a place where young people are given many opportunities to build confidence, learn responsibility, and develop skills that will last them a lifetime. It's a place where youth make friends and share interests, ranging from building robots to raising rabbits, from designing web pages to landscape design. It's a place where youth work together to make a positive difference in their community, and adult volunteers make a powerful difference in the lives of young people. Get involved in the 4-H community and make a lasting difference! For more information about 4-H, visit [www.ca4h.org](http://www.ca4h.org).

**Youth are eligible to participate in 4-H if they meet the following criteria:**

- **Primary Member** - Must be 5 years old or in kindergarten by December 31 of the program year. Primary members cannot enroll in large animal projects. Youth enrolling or turning nine after December 31 must participate as a Primary Member until the end of the program year.
- **Junior, Intermediate and Senior Members** - Must be 9 years old or in 4<sup>th</sup> grade by December 31 of the program year and may continue in the program until the end of the calendar year in which they become 19 years of age.
- **Home Schooled Members** - Children are to enroll based on their chronological age, as of December 31.

**This enrollment form is used for youth in the following delivery modes:**

- Organized 4-H Clubs
- Special Interest and Short-term programs meeting for at least six hours and not more than six weeks.
- Overnight Camping Programs

**Step 1: REQUIRED FORMS - The following forms must be completed in order to enroll in the 4-H program.**

Required Annually	<b>Form:</b> Enrollment Form with youth and parent/guardian signatures <i>(kept on file at the 4-H Office)</i>
Required Annually	<b>Form:</b> Waiver of Liability <i>(kept on file at the County 4-H Office)</i>
Required Annually	<b>Form:</b> Medical Release and Health History <i>(kept on file by the local 4-H Club/Unit Leader)</i>

**Step 2: PAYMENT - The following payment is required to enroll in the 4-H program.**

**Checks should be made out to "UC Regents"**

4-H Member Fees	\$16.00 per youth
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**Step 3: Return the forms and payment to the 4-H Club/Unit Leader or the County 4-H Office.**

*Once all steps have been completed, the County 4-H Office must confirm your enrollment.*

**For more information about 4-H Enrollment, please contact:**

<p><b>4-H Club/Unit Leader</b></p>	<p><b>County 4-H Office</b> University of California Cooperative Extension <b>Contact Email:</b> <a href="mailto:lefossen@ucdavis.edu">lefossen@ucdavis.edu</a> <b>Phone:</b> 209-223-6484 <b>FAX:</b> 209-223-3279 <b>Mail Address:</b> UCCE Amador 4-H Office 12200 B Airport Road Jackson, CA 95642-9527 <b>Location:</b> 12200 B Airport Road <b>Official Website:</b> <a href="http://ceamador.ucdavis.edu/4H470/">http://ceamador.ucdavis.edu/4H470/</a> <b>County Newsletter:</b> <a href="http://ceamador.ucdavis.edu/newsletters.htm">http://ceamador.ucdavis.edu/newsletters.htm</a> <b>Staff:</b> Larry Fossen, 4-H YDP Coordinator at <a href="mailto:lefossen@ucdavis.edu">lefossen@ucdavis.edu</a> or 209-223-6484</p>
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## New Youth 4-H Member Paper Enrollment Form

<b>Youth Email</b>		<b>County</b>	<b>Amador</b>
<b>First Name</b>		<b>Last Name</b>	
<b>Address</b>			
<b>City</b>		<b>State &amp; Zip Code</b>	
<b>Phone</b>		<b>Youth Cell Phone</b>	
<b>Birth Date</b>		<b>Year in 4-H</b>	
<b>First Parent/Guardian</b>			
First Name		Last Name	
Cell Phone		Work Phone	
<b>Second Parent/Guardian (optional)</b>			
First Name		Last Name	
Cell phone		Work Phone	
Email			
Address, City, State, Zip			
<b>Gender</b>	<input type="checkbox"/> male <input type="checkbox"/> female		
<b>Ethnicity</b>	Are you of Hispanic ethnicity? <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> American Indian or Alaskan Native <input type="checkbox"/> White <input type="checkbox"/> Native Hawaiian or Pacific Islander <input type="checkbox"/> Black <input type="checkbox"/> Asian <input type="checkbox"/> Prefer Not to State		
<b>Residence</b>	<input type="checkbox"/> Farm ( <i>Rural area where agricultural products are sold</i> ) <input type="checkbox"/> Suburb of city more than 50,000 <input type="checkbox"/> Town under 10,000 and rural non-farm <input type="checkbox"/> Central city more than 50,000 <input type="checkbox"/> Town/City 10,000 – 50,000 and its suburbs		
<b>Military</b>	<input type="checkbox"/> No one in my family is serving in the military <input type="checkbox"/> I have a parent serving in the military Branch: <input type="checkbox"/> Air Force <input type="checkbox"/> Army <input type="checkbox"/> Coast Guard <input type="checkbox"/> Marines <input type="checkbox"/> Navy      Component: <input type="checkbox"/> Active Duty <input type="checkbox"/> National Guard		
<b>Grade</b>		<b>Name of School</b>	
<b>Type of School</b>	<input type="checkbox"/> Public School <input type="checkbox"/> Special Education <input type="checkbox"/> Homeschool / Alternative <input type="checkbox"/> Charter School <input type="checkbox"/> Private School <input type="checkbox"/> Vocational Education <input type="checkbox"/> Magnet / Specialized School		
<i>Please indicate proficiency in a language, other than English.</i>			
County Newsletter Preference: <input type="checkbox"/> Postal mail <input type="checkbox"/> Email		<input type="checkbox"/> Sign-Up for State Electronic Newsletter	
<b>Club/Unit Name</b>		<b>Officer</b>	
		<input type="checkbox"/> President <input type="checkbox"/> Vice President <input type="checkbox"/> Treasurer <input type="checkbox"/> Secretary <input type="checkbox"/> Reporter <input type="checkbox"/> Historian <input type="checkbox"/> Communications <input type="checkbox"/> Sergeant-At-Arms <input type="checkbox"/> Other Officer	
<b>Club/Unit Name</b>		<b>Project Name</b>	<b>Years in Project</b>
			<input type="checkbox"/> Junior/Teen Leader
			<input type="checkbox"/> Junior/Teen Leader
			<input type="checkbox"/> Junior/Teen Leader
By signing and dating this document, parent/guardian and youth certify that they have read, understand, and agree to the terms of the 4-H Code of Conduct and Photograph and Information Release; and, further, that they understand and give their informed consent to exceptions to the 4-H policy on youth member supervision, when, from time to time, it may be impractical or impossible for a minimum of two adults to be present with youth. Enrollment in 4-H and an updated Medical Release Form and Waiver of Liability must be renewed annually.			
<b>Signature of Youth</b>		<b>Date</b>	<b>Signature of Parent/Guardian</b>
			<b>Date</b>

County Use Only		Club Use Only	
Member ID#	Waiver of Liability	Date Received	Medical Release
			CASH OR CHECK# _____
			Fees Paid \$ _____

**University of California Division of Agriculture and Natural Resources  
4-H Youth Development Program**

Participant's Name \_\_\_\_\_  
Please Print

County Amador County Club/Unit \_\_\_\_\_

WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT

**Waiver:** In consideration of being permitted to participate in any way in *California 4-H Youth Development Activities and Projects*, I, for myself, my heirs, personal representatives or assigns, **do hereby release, waive, discharge, and covenant not to sue** The Regents of the University of California, its officers, employees, and agents from liability **from any and all claims including the negligence of The Regents of the University of California, its officers, employees and agents**, resulting in personal injury, accidents or illnesses (including death), and property loss arising from, but not limited to, participation in *California 4-H Youth Development Activities and Projects*.

**Assumption of Risks:** Participation in *California 4-H Youth Development Activities and Projects* carries with it certain inherent risks that cannot be eliminated regardless of the care taken to avoid injuries. The specific risks vary from one activity to another, but the risks range from 1) minor injuries such as scratches, bruises, and sprains; 2) major injuries such as eye injury or loss of sight, joint or back injuries, heart attacks, and concussions; and 3) catastrophic injuries including paralysis and death.

**I have read the previous paragraphs and I know, understand, and appreciate these and other risks that are inherent in *California 4-H Youth Development Activities and Projects*. I hereby assert that my participation is voluntary and that I knowingly assume all such risks.**

**Indemnification and Hold Harmless:** I also agree to INDEMNIFY AND HOLD The Regents of the University of California HARMLESS from any and all claims, actions, suits, procedures, costs, expenses, damages and liabilities, including attorney's fees brought as a result of my involvement in *California 4-H Youth Development Activities and Projects*, and to reimburse them for any such expenses incurred.

**Severability:** The undersigned further expressly agrees that the foregoing Waiver and Assumption of Risk Agreement is intended to be as broad and inclusive as is permitted by the law of the State of California and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

**Acknowledgment of Understanding:** I have read this Waiver of Liability, Assumption of Risk, and Indemnity Agreement, fully understand its terms, and **understand that I am giving up substantial rights, including my right to sue**. I acknowledge that I am signing the agreement freely and voluntarily, and **intend by my signature to be a complete and unconditional release of all liability** to the greatest extent allowed by law.

\_\_\_\_\_  
Signature of Parent/Guardian of Minor or Adult Participant

\_\_\_\_\_  
Date

Age (if minor) \_\_\_\_\_

THIS WAIVER APPLIES TO ALL CALIFORNIA 4-H YOUTH DEVELOPMENT ACTIVITIES AND PROJECTS INCLUDING, BUT NOT LIMITED TO PROJECT MEETINGS, CLUB MEETINGS, EDUCATIONAL FIELD DAYS, FIELD TRIPS, CAMPS, EXCHANGE PROGRAMS, FUNDRAISERS, COMMUNITY SERVICE ACTIVITIES, VOLUNTEER TRAININGS, FAIRS, AND PROJECTS.

***LIST OF CALIFORNIA 4-H PROJECTS***

<b>Civic Engagement</b>	<b>Animals</b>	<b>Environmental Education and Earth Sciences</b>
Citizenship	Alpacas	4-H Camping (Overnight)
Domestic Exchanges	Animal Husbandry	Astronomy
Economics & Marketing	Bees	Climatology
Global Education	Birds	Environmental Stewardship
International Exchanges	Birds - Emu & Ostrich	Fishing and Fly Tying
Service Learning	Birds - Exotic	Forestry
Community Pride & Community Service	Birds - Poultry	Oceanography
	Birds - Turkey	Outdoor Adventure
<b>Communications and Expressive Arts</b>	Cats	Science Literacy
Arts & Crafts	Cattle	Soil & Water Conservation
Calligraphy	Cattle - Beef	Wildlife
Ceramics & Clay Arts	Cattle - Dairy	
Communications	Cavies	<b>Physical Sciences</b>
Cultural Arts	Dog	Energy Management
Dance	Goats	Geology
Drama & Theater Arts	Goats Angora	
Graphic Arts	Goats Dairy	<b>Plant Science</b>
Hobbies	Goats Meat	Field Crops and Management
Leathercraft	Goats Nigerian	Fruits, Nuts and Berries
Music & Instruments	Goats Pack	Indoor and Mini Gardens
Photography	Goats Pygmy	Junior Master Gardener
Public Speaking	Guide Dogs and Service Animals	Ornamental Horticulture
Scrapbooking	Equine - Horse & Ponies	Sugarbeets
Sign Language	Livestock Judging	Vegetable Gardens and Crops
Leadership and Personal Development	Llamas	
All Star Leadership	Pets and Small Animals	<b>Technology and Engineering</b>
Beginning 4-H	Rabbits	Aerospace & Rocketry
Career Exploration	Reptiles	ATV & Dirt Biking
Group-Determined	Sheep	Automotive
Hi 4-H	Sheep Breeding	Bicycles
Leadership Development	Sheep Market	Website Design
Primary Members (Mini Member & Cloverbud)	Swine	Computers & Internet
Record Keeping	Swine Breeding	Construction & Building
Self-Determined	Swine Market	Electricity & Electronics
	Therapeutic Animals	Farm Machinery
<b>Health</b>	Biological Sciences	General Engineering
Baking and Breadmaking	Embryology	GIS/GPS
Cake Decorating	Entomology	Metal Working
Foods	Marine Biology	Robotics
Foods - Beginning	Veterinary Science	Shooting Sports - Archery
Foods - Dairy	Zoology	Shooting Sports - Hunting
Foods - International		Shooting Sports - Muzzle Loading
Foods - Nutrition	<b>Consumer and Family Sciences</b>	Shooting Sports - Pistol
Foods - Preservation	Child Development and Care	Shooting Sports - Rifle
Health and Physical Fitness	Clothing & Textiles	Shooting Sports - Shotgun
Sports	Consumer Education	Small Engines
	Fashion Revue	Video Production
<b>Personal Safety</b>	Fiber Arts	Woodworking
CPR & First Aid	Flower Arranging	
Emergency Preparation & Management	Home & Personal Management	
Safety	Home Arts & Furnishings	
	Quilting	
	Table Setting	



**University of California Division of Agriculture and Natural Resources  
4-H Youth Development Program  
Health History Information**

\_\_\_\_\_ Amador \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
 First Name Last Name County Date of Birth

Subject to:	YES	No	Now Have or Have Had	Yes	No
Colds			Heart Trouble		
Sore Throat			Asthma		
Fainting Spells			Lung Trouble		
Bronchitis			Sinus Trouble		
Convulsions			Hernia (rupture)		
Cramps			Appendicitis		
Allergies			Has appendix been removed?		
Wear corrective lenses?			Do you walk in your sleep?		
Is hearing good?					

Date of last Tetanus Vaccination: \_\_\_\_\_

Please check over-the-counter medications that may be administered:

- Tylenol     Ibuprofen     Cough Syrup     Decongestant     Dramamine  
 Antacid     Polysporin     Hydrocortisone     Other: \_\_\_\_\_

Please identify allergies including allergies to food, medications, and drug reactions:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Please list any disability accommodations you will need in order to participate in this program or activity.

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Please list all current medications:

Name of Medication	Dosage	Times Taken

Please include any additional remarks and special instructions to better assist emergency service personnel.

Please explain "yes" answers on this page.

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

The University of California prohibits discrimination or harassment of any person on the basis of race, color, national origin, religion, sex, gender identity, pregnancy (including childbirth, and medical conditions related to pregnancy or childbirth), physical or mental disability, medical condition (cancer-related or genetic characteristics), ancestry, marital status, age, sexual orientation, citizenship, or service in the uniformed services (as defined by the Uniformed Services Employment and Reemployment Rights Act of 1994: service in the uniformed services includes membership, application for membership, performance of service, application for service, or obligation for service in the uniformed services) in any of its programs or activities. University policy also prohibits reprisal or retaliation against any person in any of its programs or activities for making a complaint of discrimination or sexual harassment or for using or participating in the investigation or resolution process of any such complaint. University policy is intended to be consistent with the provisions of applicable State and Federal laws. Inquiries regarding the University's nondiscrimination policies may be directed to the Affirmative Action/Equal Opportunity Director, University of California, Agriculture and Natural Resources, 1111 Franklin Street, 6th Floor, Oakland, CA 94607, (510) 987-0096.

4-H 1109 (Rev 9/2008)

## California 4-H Youth Development Program

# Code of Conduct

University of California Cooperative Extension

The following behavior guidelines and expectations are designed to make everyone's experience at 4-H events satisfying to all attending. This means that all participants, members, adult volunteers, and 4-H YDP staff, shall adhere to the core values of the University of California 4-H Youth Development Program, respect the individual rights, safety, and property of others. Youth are expected to demonstrate the character traits of trustworthiness, respect, responsibility, fairness, caring and citizenship.

### While attending all 4-H meetings, projects, programs, and events as a 4-H member I will:

1. Be courteous and respect others.
2. Obey all rules established by the California 4-H YDP, the local club/group and all local, state and federal laws.
3. Respect the authority of adult volunteers, youth leaders, 4-H YDP staff, and others in leadership roles.
4. Use appropriate language and wear acceptable clothing at 4-H activities and events.
5. Show kindness to others and give assistance when needed.
6. Be honest and honor commitments.
7. Not use tobacco products, alcohol or drugs (except those prescribed by a doctor).
8. Not carry a weapon or threaten another person with a weapon, bodily force or language.
9. Accept responsibility for personal choices.
10. Acknowledge that searches of personal property may take place when there is reasonable suspicion of violations of law or University policy in accordance with 4-H YDP policy.
11. Not display overly affectionate or sexual behavior.

### While attending overnight events as a 4-H member, I will:

1. Be in my room when attending overnight events by the established hours.
2. Not leave the grounds unless permission is secured from the adult in charge and I am accompanied by two adults.
3. Not be in the sleeping areas of members of the opposite gender nor will I invite non 4-H participants to the sleeping areas.
4. Will be responsible for any damage caused by my actions.
5. Will comply with other rules of the event.

### PENALTIES FOR INFRACTIONS

Infractions of the 4-H Code of Conduct must be reported promptly by anyone observing them to the adult in charge of the delegation/project and to the person in charge of the event who will bear final responsibility for disciplinary action. The parent/guardian and the County 4-H Office will be notified of action taken. Penalties may include any or all of the following:

- Notification of parents and appropriate staff members.
- Sending the participant home
- Barring the participant from future 4-H events
- Assessing the participant the cost of damages and repairs for damage or destruction of property
- Releasing the participant to the nearest law enforcement agency and/or the proper authorities
- Termination of 4-H membership

## California 4-H Youth Development Program

# Photograph and Information Release

I give to The Regents of the University of California, National 4-H Council, National 4-H Headquarters (USDA), Cooperative Extension and units, its nominees, agents, and assigns, unlimited permission to copyright and use, publish, and republish for purposes of advertising, public relations, trade, or any other lawful use, information about me and reproduction of my likeness (photographic or otherwise) and my voice, whether or not related to any affiliation with 4-H, with or without my name. I hereby waive any right that I (and minor) may have to inspect or approve the copy and/or finished product or products that may be used in connection therewith or the use to which it may be applied.

By signature on the enrollment form, the parent/guardian of said minor consents and agrees, individually and as parent or guardian of the minor, to the foregoing terms and provisions.

**PAGE RETAINED BY THE MEMBER**

## University of California Division of Agriculture and Natural Resources 4-H Youth Development Program

UNIVERSITY OF CALIFORNIA



CITIZENSHIP

LEADERSHIP

LIFE SKILLS

# 4-H

## Youth DEVELOPMENT PROGRAM

The 4-H Youth Development Program (4-H YDP) provides a wide variety of enrichment activities with the ultimate goal of engaging youth in reaching their fullest potential while advancing the field of youth development. The focus of all programs is the development of citizenship, leadership, and life skills through a variety of projects and activities. 4-H is available through several different delivery methods including clubs, special interest, day camps, overnight camping, school enrichment programs, school-age child care programs, and individual study.

The purpose of 4-H YDP is to help young people discover and develop their potential in partnership with a caring adult. 4-H encourages young people to set their own goals and make their own plans and decisions. This helps boys and girls mature and build self-confidence. By being part of a group, 4-H members learn to understand and cooperate with others.

### The core values of the California 4-H Youth Development Program:

- Support the University of California Division of Agriculture and Natural Resources' mission and strategic planning assumptions.
- Recognize that 4-H Youth Development staff provides the youth development framework for volunteers and other cooperators who bring the knowledge, experience, and passion to work with youth in their communities.
- Appreciate, respect, and value diversity through a commitment to inclusion of diverse Californians.
- Respond to local needs within a context of statewide criteria, practices, and priorities for 4-H programming.
- Innovate to maximize impact and resources while documenting the unique youth development contributions of our 4-H Youth Development programs.

### The goals of the 4-H YDP are to help young people:

- Develop citizenship, leadership, and life skills.
- Develop initiative and assume responsibility.
- Develop the ability to live and work cooperatively with others.
- Acquire knowledge and skills and explore careers.
- Achieve satisfaction from work and accomplishments.
- Develop a positive self-image.



***Learn by doing in an atmosphere where learning is fun*** is a basic philosophy of the 4-H YDP. The project is where learn-by-doing or the experiential education model takes place. Within the project, members find things to learn, to do, to make, to explore, and then receive feedback. A 4-H project is:

- Planned work in an area of interest to the 4-H member.
- Guided by a 4-H adult volunteer who is the project leader.
- Aimed at planned objectives that can be attained and measured.
- Summarized by some form of record keeping.

Each year, a 4-H member enrolls in at least one project. Members enrolling for the first time should be encouraged to take on only one project. As members gain experience, the size of the project may be increased or additional projects may be selected. With their project leader and parent/guardian as consultants, members should select a project that will be a challenge, but not one that is larger than they can handle. Any project a 4-H member selects should be based on:

- Interests, needs, and time available.
- Family situation.
- Suitability to area of residence.
- Availability of necessary tools and equipment.

For more information, please visit <http://www.ca4h.org/>

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